### Program Components
- Wraparound case coordination process with Four phases: Engagement, Planning, Implementation, and Transition
- Regular team meetings
- Family Voice and Choice
- Family and community engagement
- Progress Monitoring
- Individualized Planning
- Collaboration and Integration

**Specific tools include:**
- Band Aid (safety) Plan
- Strength, Needs, and Culture Discovery, Initial Action Plan, Crisis Prevention Plan, ongoing action plans, and transition plan throughout the HFW model.

### Targets
- Family-driven need identification.
- Risk of placement and multiple system involvement.
- Family (conflict Management, parental support)
- School/Education (attendance, conduct)
- Community/Peers, Attitudes/Beliefs, Skills
- Attachment to positively influencing peer(s)
- Tolerance for frustration
- Consequential Thinking Skills
- Development of Impulse-control skills
- Problem-solving skills
- Goal-setting skills
- Empathy/Understanding impact of behavior on others
- Willingness to make amends

### Immediate Outcomes
- To meet the stated needs (not services) prioritized by the youth and family,
- Improve the youth/family’s ability and confidence to manage their own services and supports.
- Develop or strengthen the youth/family’s natural support system over time
- Integrate the work of all child serving systems and natural supports into one streamlined plan (Single Plan of Care)
- Lower caregiver stress
- Higher coordination among professionals and family.
- Youth stabilize in the home community or transition from out-of-home placement

### Long Term Outcomes
- Youth at home and in school.
- Self-Efficacy
- Development and engagement with Natural Supports
- The goal is for the family to become able to successfully identify, plan for, and meet their own needs.
Wraparound
Multiple Proposed Mechanisms of Effect, Two Main Paths to Positive Outcomes

High fidelity practice:
- Family-driven needs identification
- Family Engagement
- Integrated Teamwork
- Social Support
- EB Strategies based on Needs
- Plan Implementation Oversight
- Progress monitoring and feedback

Building Family Capacities:
- Skills to manage behaviors/emotions
- Self-Efficacy
- Optimism
- Problem Solving
- Social Supports

Services and supports work better:
- Youth/Families engaged
- Top Problems Addressed
- Strategies implemented
- Single Plan of Care

Positive outcomes
- Behaviors less problematic
- Emotions less extreme
- Caregivers feel less stressed
- Youth are at home, in school, and out of trouble
- Systems do not use institutions unnecessarily

Provided by University of Washington as a representation of all wraparound approaches