

Intensive In-Home Services (IIH)

Community based service provided by a QMHP for youth under age 21 are intensive, time-limited interventions provided to youth who have or are at-risk of serious emotional disturbance. All interventions shall be defined in the Individual Service Plan. All IIH services shall be designed to specifically improve family dynamics, provide modeling, and the clinically necessary interventions that increase functional and therapeutic interpersonal relations between family members in the home.

Program Components	Intervention Strategies	Targets	Immediate Outcomes	Long Term Outcomes
<ul style="list-style-type: none"> • Service to children under 19 provided in the youth's home. • Up to 10 hours of home-based services per week provided by a QMHP* • Crisis intervention • 24 hour emergency response • Care coordination with other required services • Family engagement • Outpatient therapy provided by the IIH provider or coordinated with another provider • Training to increase appropriate communication skills • Parent or Guardian participation required • Various treatment Modalities (i.e. CBT, DBT, MI, love and logic, etc.) 	<ul style="list-style-type: none"> • Initial Service plan (ISP) • Case Management and connection to other services • Crisis Intervention techniques and services • Various person-centered activities based on age and development (I.e. videos, workbook, role-play, etc.) • Individual/ Family interventions: <ul style="list-style-type: none"> • Psychoeducational, • teaching, • Provide Modeling • Interpersonal interaction/ Social Skills training, etc. • Communication Skill development • Anger Management • Individual therapy sessions with LMPH (included in IIH or coordinated with IIH) 	<p>Increase protective factors & decrease risk factors in the following YASI Domains:</p> <ul style="list-style-type: none"> • Family • Attitudes/ Beliefs/ Consequences • Skills/ Temperamental/ Personality • Aggression • Community/ Peer Association • Mental, emotional, and behavioral disorders 	<ul style="list-style-type: none"> • Services may be used to facilitate the transition to home from an out-of-home placement • To keep the youth in the home and community • Improved Family Dynamics • Improved interpersonal relations between family members in the home • Improved intrapersonal functioning 	<ul style="list-style-type: none"> • Improved Pro-Social Behavior • Improved management of Mental Health symptoms • Improved family communication • Improved relationships with community and natural supports.

*Minimal standard.

Refer to DBHDS regulations for requirements.